



Rachel B  
PHOTOGRAPHY

Session Guide



# Families

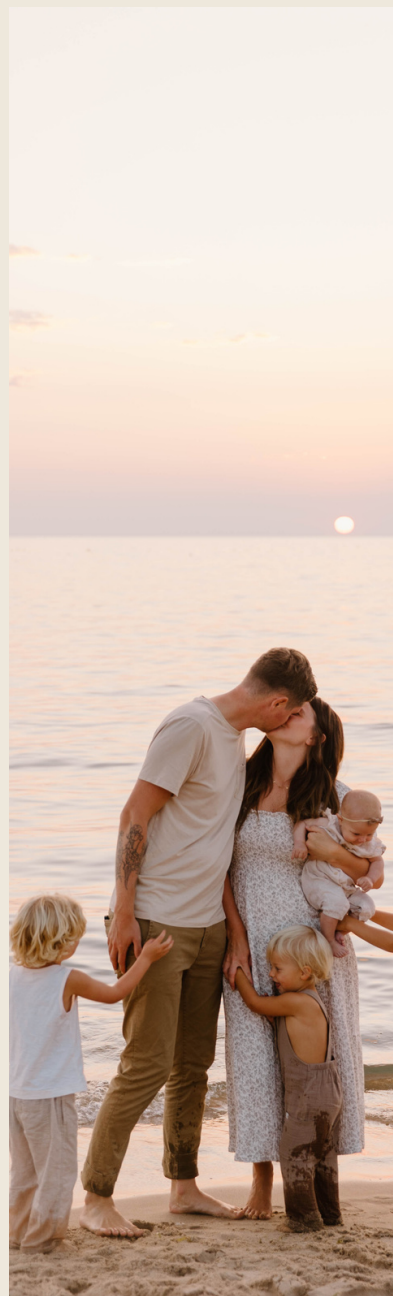
Children's Milestones | Maternity | Immediate Families

30 MINUTES | 1 OUTFIT |  
1 LOCATION | 40 IMAGES \$300

Best for families with littles who won't last long, and need something short and sweet!

1 HOUR | 2-3 OUTFITS |  
2 LOCATIONS | 90 IMAGES \$400

Best for maternity sessions, or families who want to check out a variety of backgrounds / locations.



# Studio & Newborn

## IN HOME SESSIONS \$400

Perfect for homes with a bright and airy space, who want both a laid back lifestyle look and a section of posed photos also. I bring my props to your house for posed photos as well, if the lighting is sufficient. 70 images back of the family, and up to two hours of shooting.

## STUDIO NEWBORN SESSIONS \$400

For the signature, plain and warm studio look seen on my instagram. Perfect for families that would rather leave their home and come to a picture ready space. Here I have swaddles, wraps, and bows available for baby to use. A mix of posed photos of just baby, and posed of the family are delivered back with 70 images of the family. Big siblings welcome to join!  
1 hour of shooting with optional hourly add-on.





# Tips For Newborn Sessions

Tips for a successful sleepy newborn at your session:

- Aim for 6-12 days old, so they are still sleepy and easy to position. If you have an early labor (37-38 weeks) then the window might be more flexible.
- The day of try to have some awake time in the morning before, with eyes open and stretching out. Some newborns do just sleep all day, so don't put too much pressure on them or you can cause an overly tired baby.
- Allow cluster feeding in the morning of their usual schedule, so they are content and full during their session.
- Bring them in an easy to change onesie or sleeper, so I can quickly undress them without upsetting them before I swaddle them.
- If nursing takes longer, or is more of a process bring a bottle if able.
- Pacifiers are also helpful to bring while I rock and help your baby get to sleep.
- For most babies, it's usually most helpful if Rachel (photographer) or dad rocks the baby, and mom can take a seat back and rest! Babies will usually smell mom's milk, and fight sleep more if mom is trying to rock.
- Rachel will have all the props and swaddles, but if you have anything meaningful or special that you want to include, you can bring it as well.
- Ultimately babies have their own schedule and minds, and if we can't get them to sleep that's totally fine! It's not worth stressing over, especially since they can feel our stress.





## A Note From Rachel

Since I had my daughter in 2020, capturing motherhood has been my passion. Every aspect between expecting mothers and their bare belly bumps, to newborn sessions with tired moms and dads who are figuring it all out, to foster moms capturing their new season, breastfeeding sessions to celebrate milestones, first birthdays, and extended family sessions with generations of grandparents. It's all so special to me! Motherhood is for rockstars, it's just a privilege to try and capture it. It's an investment your children and your children's children will value forever as they have photos to remember you.

## Contact

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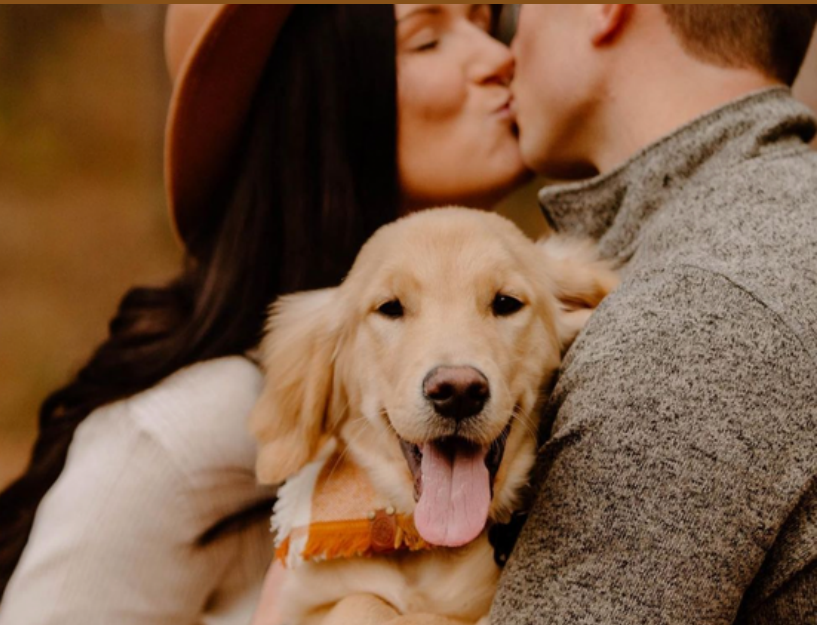
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I look so forward  
to working with  
you.



THANK YOU



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